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THE EIGHT POWERS

Affirmations

8 MONTHS

8 FACETS

8 POWERS

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THIS DIAMOND COMMUNITY

Very cool image By Nimlot/Flickr

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The Eight Powers

“The only thing we have power over is our thoughts.” I like that idea. When we try to power over our children, our circumstances, even ourselves, without an inner power we come from a weak place within. Things start leading to a situation where we are required to be strong, transparent honest and and recognize our core truth and strength. Why? Because that is the truth. You are way more than you have let yourself be. Your Heart of Hearts knows that its time now, time to be bright because its more uncomfortable being hidden underground.

Power to Withdraw

I am a tiny point of living energy. A living being. I have the power to withdraw within to observer self, even while I perform activity. Naturally my thoughts must also be involved, but during any task I can withdraw every so often and practise returning to my state of inner peace. I see things more from a detached but loving view point, as if an actor in a role. In this way my thoughts do not continue to be involved when not absolutely necessary and I waste no unnecessary mental effort. This is true controlling power and brings us great strength. Like a tortoise, contentment and home is possible no matter what, as I have inner security and begin to have a relationship with my deepest core essence. I withdraw from things that I know are not good for me. I am peace.

Power to Let Go

Through the experience of knowing my true form, I can begin to navigate my thoughts towards contentment. I now make an effort to remove, pack up and abolish that habits that are keeping me stuck. The relationships that want to leave, I let go, knowing that I am whole, safe and complete. I empty my boat of the things weighing it down, the past, the future worries, I surrender all that I have to a greater power, I travel Light taking only things along with me that I resonate with, with no attachment. Ready for a magnificent future, that I am worthy of. I am able to freely be me and I let go of old programs that are just not true. I do not allow my thoughts or words speak of things that are wasteful and carry a barb. I neither give sorrow or take sorrow.

Power to Love

Now that I have brought myself into this present moment, I am light. I connect with how much I truly Love. Perhaps that who I am IS love. With this power I can tolerate most anything. Even when pelted with sticks and stones, it does not phase me for I know that it is a cry for Love, that they are speaking more about themselves and me, and it is my job to learn to love myself. I connect to a pure current of love through my inner stillness in the silent mornings, my wisdom grows and I can tolerate any storm. I am full, complete and now only give, not seeking to receive.

Power to Merge

By merging, I, the living being, can accommodate, to be above any clash of personality or nature, to be able to mould and adjust myself as the situation requires. I do not reject anyone or anything, but should be able to change that relationship or circumstance through the power of good wishes. I merge with my self respect and stand firm in my peace. I see how things fit into place and how to be of interdependent support. Like the rivers meeting the ocean, I take the complexities of life and see the simple solutions, the common ground.

The Eight Powers con't

Power to Discern

I now am able to sense the subtle differences between truth and falseness by knowing myself and being honest with myself. Fake diamonds can look so real. When I tell myself that I will never reach my goal, that I have made too many mistakes and treat myself like a stern father, I am not being true. I discern the thoughts that are truth from the ones that habitually hold me back from shining my authenticity, from owning my specialities and being my own best friend. I can now see how much impact the company I keep has on me and make choices about that in this power. I am connected to the power to withdraw for my discernment is based on my faith in who I truly am and honouring this.

Power to Decide

Now is the time for action. In this power, I am committed to clear, quick, accurate and unbiased decisions. Because I have let go of anything that is not mine to carry, I am above the influence of situations and the emotions and opinions of others. I have a clear understanding of what is wrong and right. The more time I take to meditate and connect to the Pure core sense inside, the more I will know this. Listening to the still small voice becomes second nature. I can make choices that are not compromises and take risks if needed. I can make a decision for I have faith that my intentions are pure. I follow that inner call no matter how wacky or new it may seem. I do not judge myself to restrain the living being that I am. I am free to decide to be ME.

Power to Face

Facing my own vulnerability, my own innocence and raw potential, I am Loving. I see how the past has formed my strengths today. I see that I can be truly positive and not fake. I remember my own original nature, my core essence of peace, and have the courage to face anything. I face my success with joy, for I know that my thoughts are powerful. They are embedded in truth and self respect. I am not attached to people's opinions nor do I get deluded by events. When I have to face being a child and when I have to face my master qualities. I am neutral. I look into the mirror and send light beams of love into my eyes knowing that as I connect to my purest core essence, all illusions are dispelled.

Power to Cooperate

With all the facets of my life, and all the relationships I have, there truly is only One. It takes billions of cells to make one body. I have the power to co-operate knowing I am one in many, but I have as important a role as everyone else. I now, no longer *need* to have anyone guide me except my Pure Core Essence, and I can choose to accept guidance willingly, for I am now a valuable diamond in a poly-dimensional fabric of Life in Motion. I see how valuable each of us are. I can now be solid on an unshakeable platform, ready to be, to shine to surround any obstacles as I co-operate out of love, not fear. For within me lies a place of power, not power over. I cooperate from a place of grace, light, knowledge and unity.

Note to self: The trick is to use these powers at the right time, I E not to discern when you could love, or withdraw when you need to co-operate. If you stay at the centre of the wheel and then use them accordingly -- its easier. This eight month cycle will reveal to you to how each power can be transformed. From iron to gold. From weak to strong. From a doormat and puppet of lies, into a content master of your own destiny, in balance and truth. Its ongoing, its moment by moment, second by second. We are world transformers---so much of what we have to move through are layers of deep conditioning and collective unconscious thinking. Be patient. Love and only say sweet things to yourself---- No matter what!